



FIL Youth A Group Guidelines

1. All athletes participating in the FIL Youth A Group must read, understand, sign and submit the FIL Athlete Code of Conduct prior to participating in any FIL program.
2. Athletes participating in the FIL Youth A Group must be between the ages of 12-17 years old, and if brand new, must have attended the FIL Luge School in the same season. All new athletes must participate in all scheduled fall training with the group before participating in any racing. Exceptions will be considered on a case-by-case basis in consultation with the FIL Youth A Group coaches.
3. To participate in a race week at any track, athletes must first have had at least one full week of previous training on that track. The race week itself does not count toward this requirement.
4. A maximum of 3 athletes per NF are allowed as part of the Youth A Group. However, if space permits, more than 3 athletes per NF may attend at their own expense. The number of athletes accepted will be determined on a case-by-case basis.
5. In the rare case that an NF has more than 3 athletes accepted to participate with FIL Youth A Group, that NF must have a coach/adult accompany their team and the NF must arrange all the accommodation arrangements and ground transportation for their team.
6. NFs must register their athletes for the FIL Youth A Group by the stated deadline. Any changes, late notifications or hotel cancelations that incur a financial penalty will be the responsibility of the athlete/NF. Athletes cannot be accepted after the stated deadline.
7. When online registration is required for participation in an ITW or Continental Cup, the NF will be responsible for registering their athletes prior to the stated deadline.
8. When the budget allows: in an FIL category “A” week, the FIL will pay for housing and track fees for all athletes (maximum of 3 per nation).
In a FIL category “B” week, the FIL will pay accommodation costs for all athletes (maximum 3 per nation).
In “C” and “D” category weeks, the individual NF is responsible for all costs.
9. If an athlete participates in an FIL “A” category training week (in which the FIL pays for all expenses), that athlete must also participate in the Continental Cup scheduled at that track in the same season.
10. All FIL Youth A Group participants must be prepared to supply a form of payment for their accommodation and training costs at a CC/ITW/training week at the time the cost is incurred.

11. At no time may an athlete participate without having a form of payment to pay for their weekly expenses.
12. Transportation via the FIL bus to each weekly destination must be arranged in advance to assure there is space for all athletes.
13. Each NF will be responsible for arranging transportation for their athletes from their home to the first training venue of the season and to each successive weekly destination when space is not available on the FIL bus.
14. When travel by air is required the NF/athlete will be responsible for booking their own flight, the athlete must plan on arriving at the destination airport no more than two hours after the arrival time of the coaches. The coaches' flight itineraries will be provided in advance.
15. FIL sleds and equipment are available for use only to FIL Group athletes or those in a partnership arrangement with another NF. Equipment will be distributed on a first come, first served basis.

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